

EXPRESSIVE THERAPY GROUP FOR TEENAGE GIRLS



This group has been designed for girls who wish to have a supportive environment to address a variety of emotional and social issues. The group will encourage open and honest expression of feelings and concerns, foster healthy communication skills, assist in self-regulation, and promote growth and development. Experiential techniques are used to deepen and enhance the work of the group.

The group is limited to seven participants.

Begins in September

Location: 4910 Massachusetts Avenue NW, Suite 306
Washington, DC 20016

New group members are requested to schedule an intake appointment prior to beginning the group.

